



## The Auction

**Administrator:**  
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THE AUCTION has been chosen as our BEST PRACTICE. This program was established in order for the residents to be able to purchase a gift for their family, friends (or even themselves) with no cost to the resident. This program is presented two times a year, in June and December. The December auction is a big hit with the residents due to the fact that their target is to purchase gifts for Christmas. The auction is set up with the same similarity to a real live auction. The residents bid on items with the money that they have earned over a period of time.

THE AUCTION addresses independence in decision making, in turn, increasing self-esteem, self-worth, and confidence. The Auction addresses the Psychosocial and Physical well-being of the resident and in turn increases activity involvement. The residents still yearn to be able to purchase gifts for a friend, family or themselves, however most nursing home residents do not have the funds available to purchase gifts or their funds are designated to be used for their own personal needs. The purpose of the auction is to give back to the resident a sense of self-esteem, self-worth, independence, and accomplishment. We all remember how it feels to give a gift. As the saying goes, "it is always better to give than to receive". The excitement and appreciation that the recipient of the gift displays to the resident, gives the resident a blessing for the thanks given to them for such thoughtfulness.

We consider our Best Practice to be excellent and innovative because of the success of the program based on our residents' participation and their repeated anticipation for the next scheduled auction. We have witnessed how the residents' self-worth, self-esteem and confidence has increased! Just by the resident being able to afford to purchase a gift for whomever, for whatever reason, and because they earned the funds to purchase that gift gives them the feeling of independence and accomplishment. We, as a team at our facility have felt the emotions of that warm-fuzzy-feeling of success for enabling our residents.