



Tick Tock Turn Back the Clock to the 1950s

Administrator:

Ms. Carla Taylor

Coosa Valley Nursing Home

315 West Hickory Street
Sylacauga, Alabama 35150
(256) 401-4332

This year we went above and beyond thinking of something different that would stimulate the mind as well as create a host of fun for our residents. When we did this event **Tick Tock Turn Back the Clock to the 1950s** we didn't have best practice on our mind, even though we knew the title was a catcher.

As we studied our practices, we found the music brought about sensory stimulation for the ages in our facility 30-100. The event brought on singing, dancing, clapping, foot tapping, bobbing of heads, laughter and fun. There were many people involved working promoting unity and teamwork.

We have accomplished a desire to have more related activities. The residents, staff, volunteers, community and sponsors enjoyed the Fifties Celebration so much until they would like to have more celebrations of different decades. We made the first page of the Daily Home Newspapers and it was the talk of the town for little Sylacauga Alabama.

Our **Fifties Celebration** was awesome. God blessed us with beautiful weather and willing hearts. It involved work but the nursing home rocked. Everybody was truly committed to make the celebration outstanding. We had no problems or adversity. If the weather had been bad then it might have put a damper on the event but we had it inside and outside the facility. The grill was going and the food was cooking and tasting good. As far as other Nursing Home doing an event like this I haven't heard.

The props, entertainers, food, antique car show, tents, attire were donations and willingness from staff, staff members, coworkers, other departments and the community vendors.

The reason I know that the fifties celebration was a hit is because the residents, staff, entertainment and community have requested other celebrations like this again moving it up yearly. Everybody was happy and everybody had fun.

The segment of our presentation, photos, CD shows residents being sung to by Elvis (staff), entertainer (singer), who is on the activity calendar monthly, flyers, vendors, (community) antique car show (community) and family members having a wonderful time. A list of acknowledgements of everybody who helped to make this event possible is included.